



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME									
			THEORY			PRACTICAL			L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*					
MAPSY201	CC	Psychological Assessment	60	20	20	30	20	2	0	2	3	

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
*Teacher Assessment shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEO):

- CEO1:** To know the basic concept and history of psychological assessment.
- CEO2:** To learn the levels of measurement in different settings.
- CEO3:** To provide knowledge about various techniques of item-analysis.
- CEO4:** To familiarize with different types of data collection techniques.
- CEO5:** To provide knowledge about the application of neuropsychological tests in various settings.

Course Outcomes: (COs):

The student will be able:

- CO1:** To develop an understanding of the concept and levels of psychological assessment.
- CO2:** To explain the measurement, norms and standardization procedures in psychological measurement.
- CO3:** To demonstrate various item analysis techniques in psychological testing.
- CO4:** To understand theoretical grounding and carry out practical assessment of intelligence scales.
- CO5:** To apply various personality inventories and outline assessments in different settings.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY201	CC	Psychological Assessment	60	20	20	30	20	2	0	2	3

MAPSY201
Psychological Assessment

Contents

Unit I

Psychological Testing and Assessment; Historical Backgrounds of Psychological testing, Legislation in India, Legal/ Ethical considerations.

Unit II

Introduction to Measurement: Scales of Measurement, Ethical and Social Implications of Assessment; Norms: types of norms and Standardization; Process of Test Construction and Item Writing

Unit III

Item Analysis and Item difficulty, Reliability: Meaning and types of reliability, Factors influencing reliability; Applications of Classical Test Theory, Decision Theory.

Unit IV

Observations and Interviews; Validity: Concept and types of Validity, Factors influencing validity, Factor Analysis; Test of Intelligence: Stanford-Binet Intelligence Scale, Wechsler Intelligence Scales and other measures of intelligence.

Chairperson

Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY201	CC	Psychological Assessment	60	20	20	30	20	2	0	2	3

Unit V

Neuropsychological Assessment: Neuropsychological Testing, Barnum effect; Personality Inventories: MMPI, TAT, 16 PF and Rorschach Inkblot Test; Psychological Assessment in Forensic Settings

List of Practicals:

- Wechsler Adult Intelligence Scale-IV (WAIS-4)
- Checklists and rating scales
- Draw a Man Test
- Strait-Trait Anxiety
- 16 PF
- Maudsley Personality Inventory
- TAT

Suggested Readings:

- Anastasi, A. & Urbina, S. (2009). **Psychological testing**. N.D.: Pearson Education.
- Gregory, R.J. (2006). **Psychological Testing: History, Principles, and Applications** (4thEd.). New Delhi: Pearson Education
- Kaplan, R.M. & Saccuzzo, D.P. (2005). **Psychological Testing, Principles, Applications and Issues**. Sixth Ed. Cengage Learning India, Pvt Ltd.
- Parameshwaran, E. G. & Rao, B. T. (1968). **Manual of experimental psychology**. Bombay: Lalvani Publishing House.
- Postman, L. & Egan, J.P. (1949). Reprint (2009). **Experimental Psychology: An Introduction**. ND: Kalyani

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MBAI202	AECC	Research Methodology	60	20	20	0	0	4	0	0	4

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
*Teacher Assessment shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Objectives (CEOs):

The students will be able to:

- The objective of the course is to equip the students with the concept and methods of Social Science Research.
- To plan and design social science research using scientific and statistical methods.
-

Course Outcome (Cos):

The students will be able to:

- Demonstrate understanding of research methodology.
- Apply the statistical concepts in social research.
- Validate statistical statements relating to social research.

Chairperson

Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MBAI202	AECC	Research Methodology	60	20	20	0	0	4	0	0	4

MBAI 202
Research Methodology

Unit I

An overview: Research process, Types of Research - Exploratory Research, Descriptive Research, Causal Research, Analytical Research, Problem formulation, Management problem v/s. Research problem, Approaches to Research, Importance of literature review, Research Design: Steps involved in a research design

Unit II

Sampling and sampling distribution: Meaning, Steps in Sampling process, Types of Sampling - Probability and Non probability Sampling Techniques, Data collection: Primary and Secondary data – Sources – Advantages/Disadvantages, Data collection Methods: Observations, Survey, Interview and Questionnaire design, Qualitative Techniques of data collection.

Unit III

Measurement and Scaling Techniques: Nominal Scale, Ordinal Scale, Interval Scale, Ratio Scale, Criteria for good measurement, Attitude measurement – Likert's Scale, Semantic Differential Scale, Thurston-equal appearing interval scale.

Chairperson

Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MBAI202	AECC	Research Methodology	60	20	20	0	0	4	0	0	4

Unit IV

Statistical Tools for Data Analysis: Measures of central tendency - Mean, Median, Mode, Quartiles, Deciles and Percentiles, Measures of Dispersion: Standard Deviation – Variance – Coefficient of Variance, Skewness, Correlation - Karl Pearson's coefficient of Correlation, Rank Correlation, Regression: Method of Least Squares, Formulation of hypothesis, Testing of hypothesis, Type I and Type II Errors, Parametric tests: Z-Test, t-test, F-test, Analysis of Variance

- One-Way and Two-way classification. Non parametric tests - Chi-Square test.

Unit V

Report Writing: Reporting Research, Types of reports, Characteristics of a research report

Suggested Readings

- Aczel and Sounderpandian (2008). **Complete Business Statistics**. Tata-McGraw Hill, Latest Edition.
- Anderson, Sweeney, William, Cam (2014). **Statistics for Business and Economics**. Cengage Learning, Latest Edition.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MBAI202	AECC	Research Methodology	60	20	20	0	0	4	0	0	4

- Cooper Donald R and Schindler Pamela S. (2006). **Business Research Methods**. McGraw-Hill Education, Latest Edition.
- Gupta S. P. (2014). **Statistical Methods**. Sultan Chand and Sons, Latest Edition.
- Kothari C. R. (2004). **Research Methodology**. Vishwa Prakashan, Latest Edition.
- Krishnaswami O. R., Ranganatham M. (2011). **Methodology of Research in Social Sciences**. Himalaya Publishing House, Latest Edition.
- Levin and Rubin (2008). **Statistics for Management**. Dorling Kindersley Pvt Ltd, Latest Edition.
- Malhotra Naresh K. (2008). **Marketing Research**. Pearson publishers, Latest Edition.

Chairperson

Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY203	CC	Abnormal Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;
***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

- CEO1:** To understand the concepts of abnormality and its causes in context of DSM-5 and ICD-10.
- CEO2:** To understand the nature of different types of psychotic disorders.
- CEO3:** To know in detail about mood and anxiety disorders.
- CEO4:** To learn the different types of personality disorders and its clusters.
- CEO5:** To provide knowledge of sleep wake, eating and neurological disorders.

Course Outcomes (COs):

The students will be able to:

- CO1:** Explain abnormal behaviors and the standards of their categorization.
- CO2:** Distinguish between severe psychotic disorders.
- CO3:** Outline the different forms of mood and anxiety disorders.
- CO4:** Explain in detail the types of dissociative and personality disorders.
- CO5:** Draw distinctions in sleep-wake, eating and neuro-cognitive disorders.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY203	CC	Abnormal Psychology	60	20	20	0	0	3	0	0	3

MAPSY203
Abnormal Psychology

Contents

Unit I

Introduction to Psychological Disorders - Definition of abnormal behavior, Approaches of psychopathology, Classification system of abnormal behavior with special reference to DSM-IV and ICD- 10

Unit II

Psychotic Disorders- Schizophrenia and its types, Delusional Disorder and substance induced psychotic disorders

Unit III

Mood Disorders Anxiety Disorders- Depression, Bipolar disorders, Generalized anxiety disorder, Phobia, Obsessive-compulsive disorder, PTSD.

Unit IV

Personality Disorders- Paranoid Personality Disorder, Anti-Social Personality Disorder, Borderline Personality Disorder, Narcissistic Personality Disorder and Histrionic Personality Disorder.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY203	CC	Abnormal Psychology	60	20	20	0	0	3	0	0	3

Unit V

Sleep-Wake Disorders, Eating Disorders and Neurocognitive Disorders - Insomnia disorder, Narcolepsy, Parasomnias.
Eating Disorders: i) Bulimia Nervosa ii) Anorexia Nervosa Neurocognitive Disorders: Delirium and Dementia.

Suggested Readings:

- Alloy, L. B., Riskind, J. H., & Manos, M. J. (2005). **Abnormal Psychology: Current Perspectives**. 9th Edn. Tata McGraw- Hill: New Delhi, India.
- Barlow, D. H. & Durand, V. M. (2005). (4th ed.). **Abnormal Psychology**, Pacific Grove: Books/Cole.
- Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. (2007). (13th ed) **Abnormal Psychology**, N.D. Pearson Edu.
- Fauman, M. A. (1996). **Study Guide To DSM-IV**, Jaypee Brothers.
- Gerald Davison, C., & John Neale M. (2015). **Abnormal Psychology DSM-5**. (13th Ed.). Wiley.
- Oltmanns, T. F., Emery, R. E. (1995). **Abnormal Psychology**, Prentice Hall.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY 204-E1	DSE	Organizational Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To provide basic knowledge of the nature of Organizational Psychology this will represent this sub-area of psychology as an applied science.

CEO2: To enable how to work as individual as well as group level within the organization.

CEO3: To understand the organizational design and structure and its functioning at different levels.

CEO4: To know the nature of organizational change and development and the knowledge about the forces of reshaping the organizations.

CEO5: To provide knowledge about leadership and related issues to leadership

Course Outcomes (COs):

The students will be able to:

CO1: Solve human and organizational problems in the workplace, related to organizational attitude, culture and Socialization.

CO2: Identifying training and development needs through various theories of work motivation

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E1	DSE	Organizational Psychology	60	20	20	0	0	3	0	0	3

CO3: Optimizing the quality of work life after having the knowledge of groups, group formation and development.

CO4: Formulating and implementing power and power tactics in organizations and identify political behaviour in the organizations.

CO5: Describe the leadership behaviour in organizations through different theories of leadership.

MAPSY-204
Organizational Psychology

Contents

Unit I

Introduction: Nature and Meaning of Industrial Psychology, Role of Industrial Psychology; Organizational Attitude, Functions of organizational culture, Organizational Socialization, Assessing cultural Values and Fit, Cross Cultural Issues.

Unit II

Motivation at work: Motivation & work behavior. (Theory X and Y, McClelland's, Need Theory, Herzberg's Two Factor Theory, Cultural Differences in Motivation.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY 204-E1	DSE	Organizational Psychology	60	20	20	0	0	3	0	0	3

Unit III

Work Teams & Groups: Group Behavior, Group Formation & Development; Power and Politics in organizations: Bases of Power and Power Tactics. Politics: Power in action, Factors related with Political Behavior.

Unit IV

Organizational Design & Structure: Key Organizational Design Process, Structural Differentiations, Forces Reshaping Organizations; Organizational Change and Development: Individual Approaches to Change, Interpersonal and Organizational.

Unit V

Forces for Change in Organization, Resistance to Change, Lewins's Change Model, Leadership: Leadership vs. Management, Leadership Theories, Emerging Issues in Leadership; Organizations as System: Open and Closed Systems, Internal Integration and External Adaptation.

Suggested Readings:

- Nelson, Quick and Khandelwal (2012). **ORGB: An Innovative Approach to Learning and Teaching Organizational Behavior. A South Asian Perspective**, Australia: Cengage Learning.
- Luthans, F. (2008). **Organizational Behavior**. New Delhi: McGraw Hill
- Udai, P. (2012). **Understanding Organizational Behavior**. London: Oxford University Press.
- Robbins, S. (2006). **Organizational Behavior**. New Delhi: Prentice Hall India.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E2	DSE	Human Developmental Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: Understand the concept of human growth and development and the factors influencing it through various approaches and research methods.

CEO2: Understand the key developmental theorists and theories are integrated throughout the course as well as developmental milestones across the lifespan

CEO3: Understand language development and concept formation process through its stages.

CEO4: Comprehend the approaches towards cognitive development.

CEO5: Understand the different theories of human growth and development with reference to social, moral and emotional across the lifespan.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E2	DSE	Human Developmental Psychology	60	20	20	0	0	3	0	0	3

Course Outcomes (COs):

Students will be able to:

- CO1:** Demonstrate and distinguish major theoretical perspectives and methodological approaches in human development.
- CO2:** Identify the milestones in diverse domains of human development across life stages through various theories and stages of development.
- CO3:** Relate to the language development and its contributions toward shaping human development.
- CO4:** Distinguish between major theoretical perspectives in cognitive developmental.
- CO5:** Define the various terms and concepts in the emotional, social and moral development across the lifespan.

MAPSY204-E2

Human Developmental Psychology

Contents

Unit I

Introduction to Human Developmental Psychology: Concept, Determinants and Perspectives -Biological, environmental and their interaction; Approaches: Longitudinal, Cross Sectional, Case study and Observational method.

Unit II

Theories of Developmental stages: Theories of Freud, Erickson and Adler.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E2	DSE	Human Developmental Psychology	60	20	20	0	0	3	0	0	3

Unit III

Language Development: Concept Formation and Perceptual Development: Visual, Auditory and Tactual. Language Development: Stages and Determinants

Unit IV

Cognitive Development: Nature and Approaches: Piaget, Vygotsky and Information Processing Model.

Unit V

Emotional, Social and Moral Development: Concepts, factors and stages of Emotional, Social (Bandura) and Moral Development (Kohlberg's Theory).

Suggested Readings:

- Hurlock, E.B. (1980). **Developmental Psychology: A life span approach**. NewDelhi; Tata McGrawHill.
- Mussen et. al. (1974). **Child Development and Personality**. NY; Harper &Row.
- Nelson, N.W. (1975). **Developmental Psychology**. NY: Holt, Rinehart & Winston. Ciccarelli, S. K & Meyer, G.E (2008). **Psychology** (South Asian Edition). New Delhi: Pearson
- Shaffer, D.R. (1985). **Developmental Psychology. Fourth Ed.** Brooks and Cole Publications.
- Shamrock, J.W. (1999). **Lives span Development**. New York: Mc Graw Hill.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E3	DSE	Psychosocial Adjustment & Coping Behavior	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To know the basic concepts involved in the process of adjustment.

CEO2: To create awareness of the different contexts in which adjustment play a role.

CEO3: To understand and apply effective communication styles and its various aspects.

CEO4: To explain healthy vs. unhealthy coping styles and the different approaches to coping strategies.

CEO5: To impart understanding of occupational stressors and conflicts and its management.

Course Outcome (COs):

The students will be able to:

CO1: To understand the scientific aspects of the process of adjustment.

CO2: To deconstruct the different areas of adjustment in practical life.

CO3: To have an in-depth understanding of strategies of effective communication and its application in different areas of life.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E3	DSE	Psychosocial Adjustment & Coping Behavior	60	20	20	0	0	3	0	0	3

CO4: To summarize different coping styles and effective management of healthy and unhealthy mechanisms of coping behavior.

CO5: To examine workplace conflicts and solutions to minimize them.

MAPSY204-E3
Psychosocial Adjustment
&
Coping Behavior

Contents

UNIT-I

Adjustment: Nature, Characteristics and Process; Basic principles of adjustment; scientific approach to adjustment.

UNIT-II

Areas of Adjustment: Family, school/college, peer relations, marital and occupational adjustment.

UNIT-III

Communicating Effectively: Interpersonal Communication, Non-Verbal Communication & Barriers to effective Communication

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY204-E3	DSE	Psychosocial Adjustment & Coping Behavior	60	20	20	0	0	3	0	0	3

UNIT-IV

Nature and characteristics of coping: Different views of coping – psychodynamic, transactional, common coping strategies and patterns.

UNIT-V

Work-family conflicts: Occupational health, Stress at the workplace, Conflict and its management, types of conflicts and value conflicts.

Suggested Reading:

- Atwater, E. (1995). **Psychology for living, adjustment, growth, and behavior today**. New Delhi: Prencie Hall India.
- Lazarus, R.S. (1980). **Patterns of adjustment**. New Delhi: McGraw-Hill.
- Martin, L.G.; Osborne, G. (1989). **Psychology: Adjustment and everyday living**. N.J.: Prentice-Hall, Engle wood Cliffs.
- Nevid, J. S. & Rathus, S. A. (2007). **Psychology and the challenges of life adjustment in the new millennium** (10 ed.). John Wiley & Sons.
- Weiten, W., Dunn, D. S., & Hammer, E. Y. (2012). **Psychology applied to modernlife: Adjustment in 21 centuries**. (10 ed.). Belmont, CA: Wadsworth, Cengage Learning

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY205	SEC	Seminar	0	0	0	60	40	0	0	4	2

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

MAPSY205
Seminar

It is also important to understand that effective presentation skills are not solely for the fortunate few who are naturally good communicators but that effective presentation skills can be developed in anyone and that we all have the ability to learn how to become highly effective presenters.

Course Educational Objectives (CEOs):

CEO1: To demonstrate the subject knowledge.

CEO2: To demonstrate the applicability of the acquired knowledge.

Course Outcomes (COs):

The student will be able to:

CO1: Demonstrate skills in a counseling and clinical setup.

CO2: Exhibit critical thinking abilities in the analysis of important psychological issues.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
M.A./M.Sc. Psychology
Semester II (2021-2023)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
MAPSY206		Comprehensive Viva	0	0	0	50	0	0	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit; Q/A – Quiz/Assignment/Attendance, MST/ Mid Sem Test

MAPSY206
Comprehensive Viva

Viva voce will be conducted towards the end of the semester which will be covering the complete syllabus. This will test the student's learning and understanding during the course of their post graduate program. In doing so, the main objective of this course is to prepare the students to face interview both at the academic and the industrial sector.

Course Educational Objectives (CEOs):-

CEO1: To recall theoretical concepts and demonstrate their application in real life situations.

CEO2: To enable students to explore resources and articulate their ideas better.

Course Outcomes (COs):

The students will be able to:

CO1: Exhibit the strength and grip on the fundamentals of the subjects studied during the semester.

CO2: Apply the acquired knowledge and articulate their ideas in practical life.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore